

**Big Red  
Roll + Stroll**  
for muscular dystrophy

**MUSCULAR  
DYSTROPHY**  
**NSW** BUILDING STRENGTH  
REACHING POTENTIAL



# Join us at the Big Red Roll + Stroll

for a great day out and chance to  
connect with our community!

*Together we'll be raising vital funds and awareness to empower every person with muscular dystrophy to live the life they choose.*

- When** Sunday 21 March @9:45am
- Where** Parramatta Park, Sydney / Virtual
- What** 3km run, roll or stroll followed by a BBQ celebration and activities in our Event Village
- Who** Make a team of family, friends, workmates or school friends, or come along solo

[Register Here](#)

[www.team-md.org.au/event/big-red-roll-stroll](http://www.team-md.org.au/event/big-red-roll-stroll)